

Communication is not technology; it is not an app or software program. Communication is an interaction, a response, an acknowledgement, or a volley of ideas. Our first inclination of communication is through nonverbal means of communication: facial expressions, gestures, and body language. Communication is then expanded when someone responds and acknowledges those nonverbal communication attempts. In our acknowledgement we are giving meaning to the gestures, facial expressions and body language. Let's give meaning. Model, encourage and respond to those smiles, eye rolls, pushes, tugs, etc.

